

FREQUENTLY ASKED QUESTIONS



WHAT ARE THE RATES?

Please see our [Menu of Services](#) for the most current FLX offerings and rates.

HOW DO I SIGN UP FOR A PRIVATE TRAINING SESSION?

You can do this a few different ways:

1. Fill out [this form](#) and let us know what type of private training you are seeking
 2. Send an email to info@millenniumtowerflx.com
 3. Contact the Club Concierge to help you set up your appointment
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WHERE DO I FIND THE GROUP CLASS SCHEDULE?

The group class schedule is on our [website](#), at the entrance of FLX, posted next to Studio #1, and at the Club Concierge desk. If you'd like to receive a weekly email with the schedule, please contact kerry@millenniumtowerflx.com.

HOW DO I SIGN UP FOR CLASSES?

Residents can sign up for classes by creating an account on the Wellness Living app "Achieve."

Desktop Version Instructions

1. Visit <https://www.wellnessliving.com/login/clientel3> and under YOUR EMAIL, enter the following information:
 - FIRST NAME
 - LAST NAME
 - EMAIL
2. Click **SIGN UP**
3. A confirmation email will be sent to the email address you entered. If you do not see the message, check your junk email folder.
4. Click **ACTIVATE ACCOUNT**
5. On the Create my Account page, enter your information in the required fields. The required fields are marked with a red asterisk.
6. Under **TERMS AND CONDITIONS**, provide your digital signature:
 - To provide your signature using a mouse, click and drag to sign your name in the box.
 - To provide your signature using a touchscreen, drag your finger to sign your name in the box
7. Select the I agree to use Electronic Signatures checkbox.
8. Click **CREATE MY ACCOUNT**. Your account will be created and you will be signed in.

HOW TO CREATE A PROFILE

Mobile Version Instructions

1. Open the Achieve app on your mobile device
2. On the login page, tap **REGISTER HERE**
3. Enter your First Name, Last Name, and Email.
4. Click **SUBMIT**
5. A confirmation email will be sent to the email address you entered. If you do not see the message, check your junk email folder.
6. Click **ACTIVATE ACCOUNT**
7. Click **BILLING**, fill out all fields and hit **SAVE**

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HOW DO I UPDATE MY BILLING INFORMATION?

1. Log in to your Wellness Living profile
2. Click **BILLING**
3. Fill out all fields and hit **SAVE**

[HOW TO UPDATE ON DESKTOP](#)

[HOW TO UPDATE ON MOBILE](#)

HOW DO I BUY A GROUP CLASS MEMBERSHIP?

1. Log in to your Wellness Living profile
2. Go to **STORE**
3. Add Membership or 10 Class Pass
4. Go to **CHECK OUT**
5. Add credit card information if you haven't already
6. Click **SAVE**

[HOW TO BUY A GROUP CLASS MEMBERSHIP](#)

HOW DO I BOOK A CLASS?

1. Choose location "Millennium Tower" in the drop-down menu
2. Scheduled class will be available to view
3. Choose the one you want by clicking **BOOK NOW**
4. Next step will be adding the payment

[HOW TO BOOK A CLASS - DESKTOP](#)

[HOW TO BOOK A CLASS - MOBILE](#)